**WARM-UPS**

1. Voice Warm up - all prepare a short sequence so that you are ready to lead the whole class.

2. Stretching or dance warm -ups – all prepare a short sequence so that you are ready to lead the whole class. You can use music.

3. Acting warm-up – most of the class are actors and we choose 3 directors for each scene. The actors can only do what their directors say. The directors each take a turn narrating the scene, and the actors must act it out.

Scene 1 You are at the bottom of a mine and part of the ceiling has collapsed.

Scene 2 You are on a yacht on a stormy sea and you sight something in the water some distance away.

Scene 3 You are in the middle of a wood at dusk and you feel there may be something or someone watching you.

*If you have any other scenes to suggest write to me before tomorrow and I will add them.*